



RESOURCE PACK

About These Resources

Welcome to The Rescue Series Additional Resource Pack!

This collection of engaging, faith-filled resources has been specially designed to support each episode of The Rescue—a powerful series exploring God’s great rescue plan for humanity.

Inside, you’ll find a variety of creative, age-appropriate activities for children aged 5–10. These materials are perfect for use at home, school, church, or in children’s ministries, helping you and your group “dig deeper” into the themes and concepts presented in The Rescue series.

This resource is a flexible toolkit from which you can select the activities that best suit the age, needs, and abilities of the children you are working with

These resources have been prayerfully developed to help children:

- Discover who God is
- Understand His love for them
- Grow in their faith
- Learn to make wise choices—even when it’s hard

Let the adventure begin!





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CONTENT & ORGANIZATION



SYNOPSIS

The King family embarks on a camping trip, and Jack and Mel learn lessons about responsibility and planning. Meanwhile, Jono and his dad enjoy fishing, discovering the value of patience and slowing down. Chloe finds encouragement and friendship with Allie as they reflect on God's care. Mr. Simons shares the story of Abram, who obeyed God's call to leave his home and trust in God's plan. The episode emphasizes trusting God's leading, being still to hear His voice, and appreciating His creation.



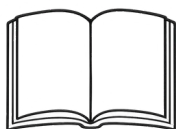
KEY QUESTIONS

1. Why do you think God asked Abram to move to a new place?
2. How can we learn to be still and listen to God?
3. What makes it hard to be patient sometimes?
4. How did Chloe know that God loved her?
5. What does it mean to be part of God's rescue plan?
6. How does being away from distractions help us focus on God?



BIG IDEAS

- God has a special plan for each of us, just like He did for Abram.
- Patience and trust are important when following God's plan.
- Being still and quiet helps us hear God better.
- God cares deeply for us and wants to be part of our daily lives.
- Creation shows us God's love—we see His care in the world around us.



LIFE APPLICATIONS

1. I can slow down and create quiet moments in my day to listen for God.
2. I can trust that God has a good plan for me, even if I can't see it yet.
3. I can make time for family, reflection, and enjoying God's creation.
4. I can be thankful when God answers my prayers, like Chloe was.



BIBLE PASSAGES

Genesis 12:1–4 (NIV)

The Lord had said to Abram, “Go from your country, your people and your father’s household to the land I will show you.

I will make you into a great nation, and I will bless you... So Abram went, as the Lord had told him.”

➤ *God asked Abram to leave everything he knew and go to a new place. Abram didn’t know where he was going, but he trusted God. This shows us that sometimes we won’t understand the whole plan, but we can trust that God does—and He will lead us in the right direction.*

Hebrews 11:8 (NIV)

“By faith Abraham, when called to go to a place he would later receive as his inheritance, obeyed and went, even though he did not know where he was going.”

➤ *Abraham (Abram) trusted God, even when he didn’t know all the details. We can trust God too, knowing He will lead us.*

Proverbs 3:5-6 (NIV)

“Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.”

➤ *Even when we don’t understand what’s happening, we can trust God to guide us. If we follow His way, He’ll help us know which direction to go—just like He did for Abram.*

Isaiah 30:21 (NIV)

“Whether you turn to the right or to the left, your ears will hear a voice behind you, saying, ‘This is the way; walk in it.’”

➤ *When we’re quiet and listen, God can show us the right path. He wants to help us make good choices.*

Jeremiah 29:11 (NIV)

“For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future.”

➤ *God has a plan just for you—and it’s a good one! He wants you to have hope and a future filled with joy and purpose.*



DISCUSSION QUESTIONS

Trusting God's Plan

1. Why did God ask Abram to leave his home? How do you think Abram felt when he didn't know where he was going?
2. Have you ever had to do something without knowing what would happen next? What helped you feel brave or safe?
3. What do you think it means to follow God's plan for your life?

Patience

1. What did Jono learn about patience while fishing with his dad? Why is it sometimes hard to wait?
2. Can you think of a time when you needed to be patient? What helped you wait without getting upset?
3. Why do you think God wants us to learn patience?

God's Love and Friendship

1. Chloe felt lonely, but God brought her a new friend. Have you ever felt lonely? How can we remember that God cares for us even in lonely times?
2. Allie asked, "How do you know God loves you?" — How would you answer that question?
3. What are some things in nature that remind you of God's love?

Real-Life Application

1. Mel wanted to bring everything on the trip, and Jack forgot to pack. What can we learn about being prepared and responsible?
2. What is one way you can slow down this week to spend more time with God?
3. Do you believe God has a special plan just for you? What do you think it might include?



OBJECT LESSONS

1. The Overpacked Backpack

Theme:

Trusting God's plan vs relying on our own plans.

Materials:

- Backpack
- random bulky items
e.g. (coat, toy, books, snacks, boots, etc.),
- a simple list of essentials

Activity:

1. Pack a backpack with far too many items (like Mel did).
2. Ask a child to carry it.
3. Discuss how heavy it is.
4. Then unpack and repack only what's really needed (2 items for 2 nights, etc.).
5. Compare how much lighter and easier it is.

Lesson Message

Just like Mel, we sometimes try to carry everything with us—our own ideas, plans, worries—but God invites us to trust His plan. When we follow His guidance, the journey becomes lighter and more peaceful.

Bible Verse

Proverbs 3:5 – "Trust in the Lord with all your heart and lean not on your own understanding."

- This verse reminds children to trust God's guidance over their own plans.



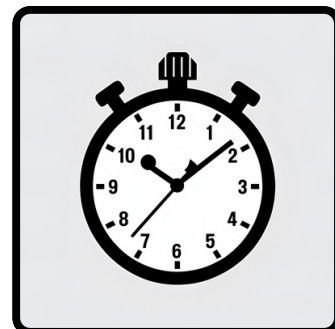


OBJECT LESSONS

2. The Patience Timer

Materials:

- Sand timer (or stopwatch)
- small wrapped gift or snack

**Activity:**

1. Display the gift and tell children they must wait one full minute before opening it.
2. Let them watch the sand fall.
3. Talk about how waiting can feel long. Then open and enjoy.

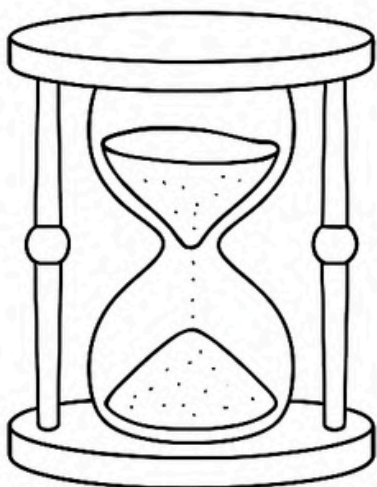
Message:

Like Jono learned while fishing, sometimes we need to wait. God's timing is perfect—even when it's hard to be patient. Waiting helps us grow in trust and character.

Verse:

Psalm 27:14 – “Wait for the Lord; be strong and take heart and wait for the Lord.”

- This verse encourages children that waiting is not a waste—it strengthens their faith.





OBJECT LESSONS

3. Noise vs. Stillness

Theme: Trusting God's plan vs relying on our own plans.

Materials:

- Speaker or phone with loud music,
- a whisper message on paper

Activity:

1. Play loud music and try to whisper a message to a child—they likely won't hear it.
2. Then turn off the music and whisper again—the child can now hear it clearly.

Lesson Message

When life is full of noise and distractions (even good things!), it's hard to hear God. But when we're quiet and still—like Abram or Mr. Simons—we can hear Him speak to our hearts.

Bible Verse

Psalm 46:10 – "Be still and know that I am God."

- Reinforces the idea that silence helps us connect with God's voice."





1. Mini Tent Diorama

Theme:

Trusting God's Plan (Abram's journey and camping with the King family)

Materials:

- Small cardboard box or shoebox (base for the scene)
- Colored paper or felt (green for grass, blue for sky)
- Popsicle sticks or twigs (tent poles)
- Fabric scraps or paper (tent covering)
- Small stones, leaves, or moss (for decoration)
- Drawn or printed mini figures (Abram, King family, animals)
- Glue, tape, scissors, markers
- Label strip: "God has a plan – Genesis 12:1"

Instructions:

1. Line the box with green paper or color it like a field.
2. Create a tent using two popsicle sticks and fabric or triangle-shaped paper.
3. Add stones and natural materials for a campsite feel.
4. Draw and cut out characters and glue them around the tent.
5. Add the label with the verse or phrase across the bottom.

Message: Just as Abram followed God's call to a new place, we can trust God's plan even when we don't know the full picture.

Discussion Prompt:

"How do you think Abram felt when God told him to move? Have you ever had to trust God without knowing what would happen next?"

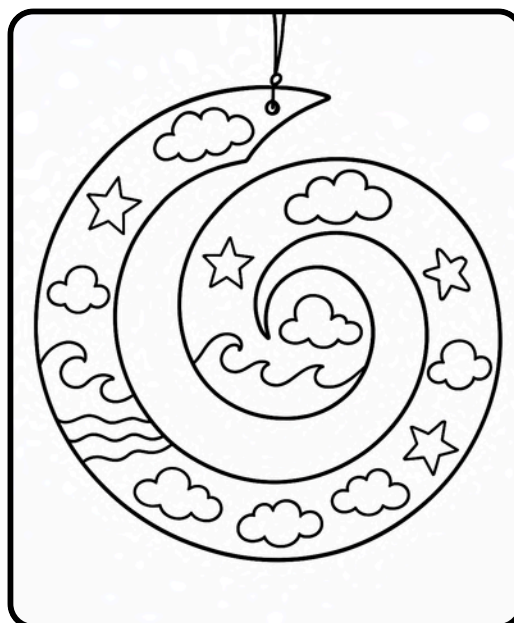




2. Be Still Wind Spinner

Materials:

- Paper plate
- Crayons, markers
- Hole punch
- String or ribbon (for hanging)
- Scissors
- Verse strip: "Be still and know that I am God – Psalm 46:10"



Instructions:

1. Decorate the plate with calming designs—clouds, waves, stars, etc.
2. Write the Bible verse across the top or edges.
3. Cut the plate in a spiral, starting from the edge toward the centre.
4. Punch a hole in the center and tie a string for hanging.
5. Hang the spinner where it can gently turn.

Message

When life is noisy, it's hard to hear God. But when we slow down, like Jono fishing or Chloe praying, we can better connect with God.

Discussion Prompt: "When do you find it hard to be still? Where can you go to find quiet and listen to God?"

Age Adaptability: Younger children can use stickers or pre-decorated plates. Older children can write personal prayers or thoughts on the spiral.



CRAFT IDEAS



3. Starry Night Promise Craft

Materials:

- Black or dark blue construction paper
- Star stickers or white/gold crayons
- Glue
- Label: "God keeps His promises – Genesis 15:5"
- Optional: cut-out image of Abram looking at the sky



Instructions:

1. Use crayons or stickers to create a star-filled sky.
2. Add Abram looking up at the stars.
3. Write or glue the verse onto the bottom of the picture.
4. Optionally add a moon or hillside for atmosphere.

Message:

God promised Abram as many descendants as the stars. He was faithful then, and He still keeps His promises today.

Verse:

Psalm 27:14 – "Wait for the Lord; be strong and take heart and wait for the Lord."

- This verse encourages children that waiting is not a waste—it strengthens their faith

What promises has God made to you in the Bible? Do you believe He'll keep them?"



Name:

Worksheet 1 : Bible Texts Code Breaker

1. Decipher the codes below to discover the Bible text messages.

Code

A = 1 B = 2 C = 3 D = 4 E = 5 F = 6 G = 7 H = 8 I = 9

J = 10 K = 11 L = 12 M = 13 N = 14 O = 15 P = 16 Q = 17 R = 18

S = 19 T = 20 U = 21 V = 22 W = 23 X = 24 Y = 25 Z = 26

2 - 5 19 - 20 - 9 - 12 - 12 1 - 14 - 4 11 - 14 - 15 - 23

20 - 8 - 1 - 20 9 1 - 13 7 - 15 - 4

2. Draw a picture to illustrate how you could do what this Bible text says.

Name:**Worksheet 2 :****"Pack with a Purpose" Sorting Activity**

- Colour, cut and sort items on the next page into two categories:
- Pack It! – Things that help us follow God's plan
- Leave It! – Things that distract us or weigh us down.
- Then glue each item into the correct column.



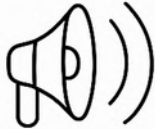
PACK IT	LEAVE IT

"Pack with a Purpose" Sorting Activity

Instructions:

Cut out each item, then paste them into the correct columns on the previous page.



 Friendship	 Trust	 Gratitude
 Kindness	 Fear	 Bible
 Complaining	 Listening ears	 Patience
 Worry	 God's promises	 Prayer

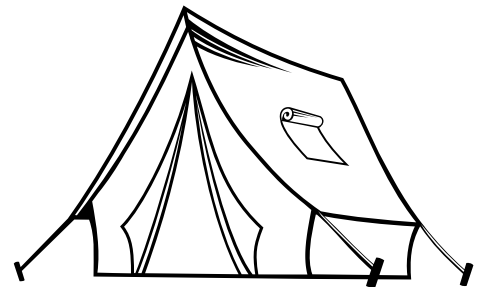
Name: _____

A New Place - Word Search

Can you find the hidden words in this puzzle?

H	G	F	L	Q	O	C	R	E	A	T	I	O	N	F
U	C	C	I	P	B	P	P	N	V	N	C	F	W	Q
F	A	H	S	R	E	G	A	H	A	E	J	A	U	T
J	M	O	T	O	Y	D	T	I	Z	X	Q	M	Y	E
S	P	I	E	M	V	S	I	M	F	K	V	I	E	N
T	I	C	N	I	O	L	E	F	R	A	H	L	N	T
A	N	E	H	S	O	K	N	I	I	S	Q	Y	R	R
R	G	I	M	E	T	Q	C	S	E	T	F	O	U	U
S	V	L	K	M	F	D	E	H	N	I	N	Q	O	S
L	K	D	U	X	P	L	O	I	D	L	X	T	J	T
G	D	H	S	I	B	J	U	N	Q	L	N	T	T	M
M	K	N	Z	Z	P	Z	D	G	Y	M	P	E	J	A
R	H	Q	A	H	Q	J	W	K	N	Z	I	I	U	R
E	U	D	L	C	N	L	Q	M	E	H	P	U	G	B
Y	T	T	F	E	H	F	B	G	P	F	G	Q	T	A
A	Q	L	T	A	U	N	T	A	X	L	T	J	I	C
R	X	D	G	R	W	W	K	M	F	T	A	S	A	X
P	K	X	S	K	B	N	R	C	O	L	H	N	W	V

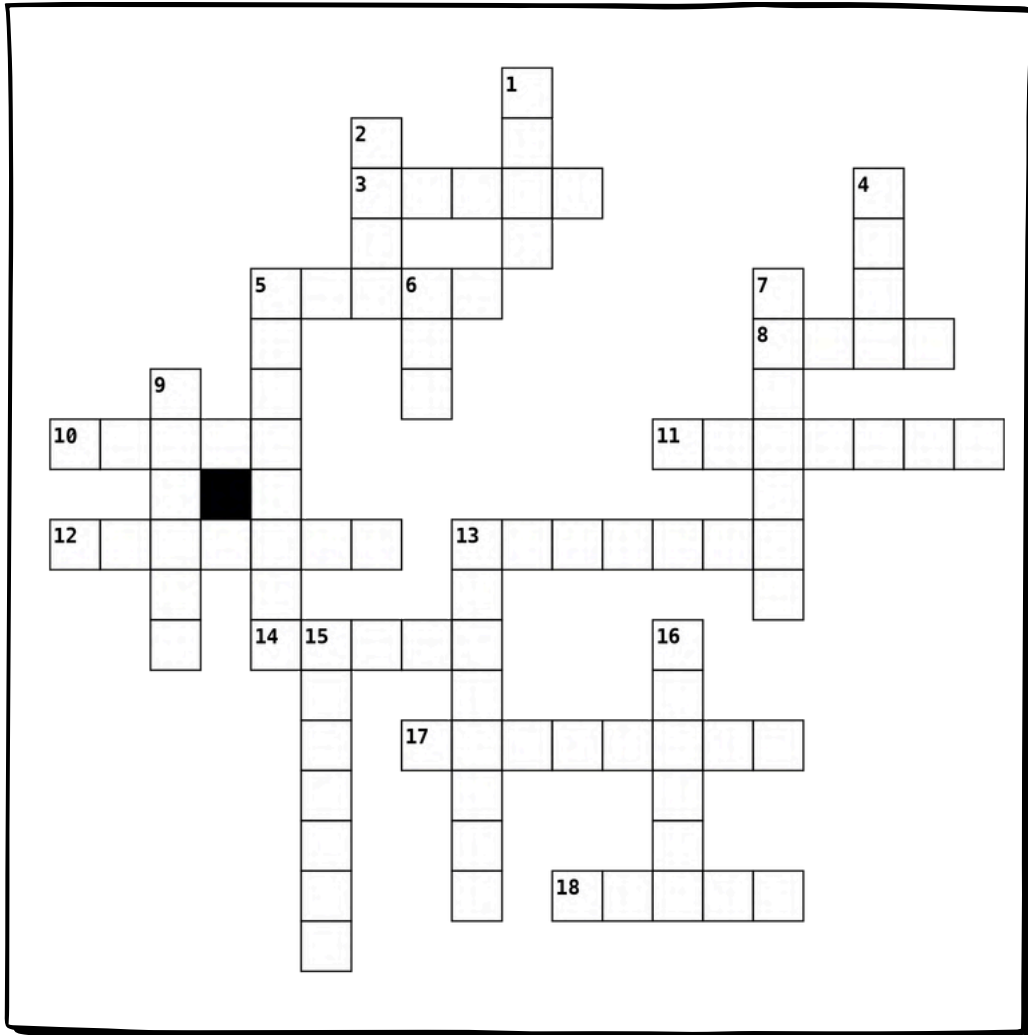
- | | | |
|-------------|------------|--------------|
| 1. Abram | 8. Plan | 15. Tent |
| 2. Patience | 9. Stars | 16. Fishing |
| 3. Promise | 10. Wait | 17. Choice |
| 4. Camping | 11. Quiet | 18. Listen |
| 5. Obey | 12. Still | 19. Friend |
| 6. Journey | 13. Family | 20. Creation |
| 7. Trust | 14. Prayer | |



Name: _____

A New Place - Crossword

Solve the crossword puzzle using the clues below.



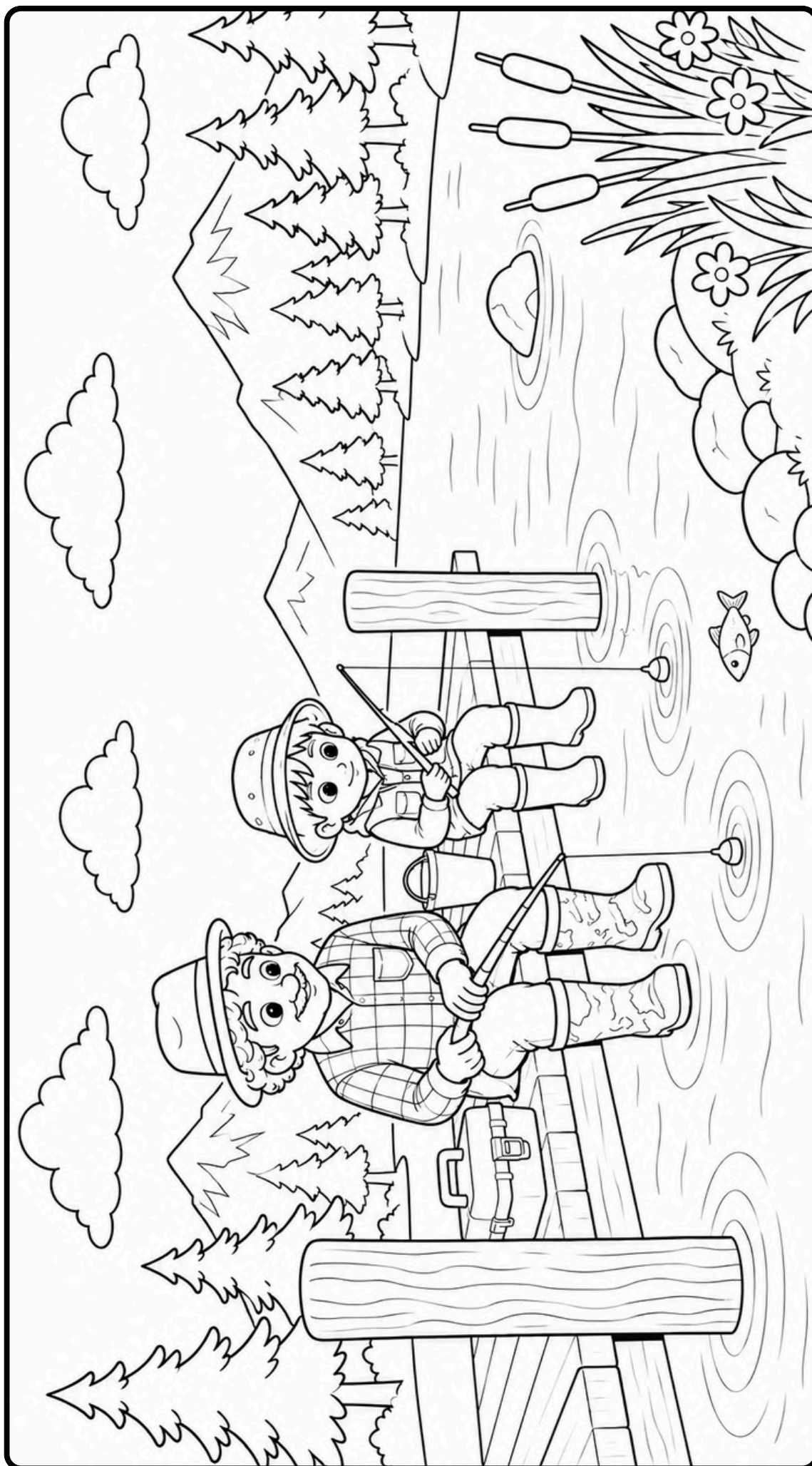
Across

4. The man God called to leave his home.
5. What Jono learned while fishing.
7. Chloe was happy to find a new _____.
8. What we must do with God's plan.
10. What we need to do to hear God's voice.

Down

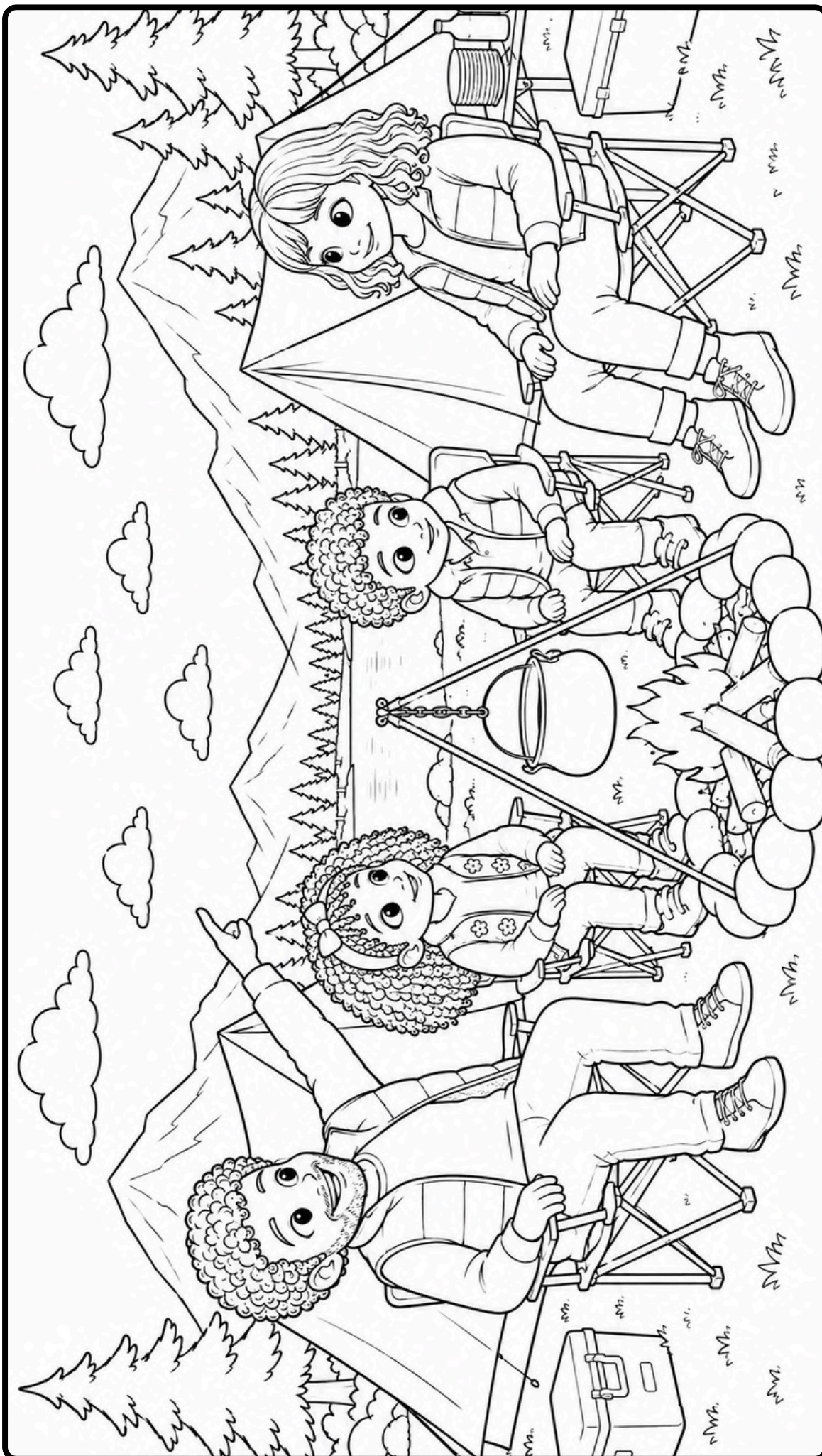
1. God told Abram to leave his home and go on a _____.
2. Mel packed too much for this activity.
3. The opposite of rushing.
6. Chloe thanked God in this way.
9. God told Abram his descendants would be as many as these.

Colour the picture below.



Jono and his dad fishing

Colour the picture below.



King Family camping trip



1. Rescue - Theme song

Lyrics & Music by Kimberly Houlston



I didn't even know that I was needing rescue
 The threats and danger I couldn't see I was heading right to
 I needed help but I didn't know
 Needed saving from an evil foe
 But I didn't even know that I was needing rescue



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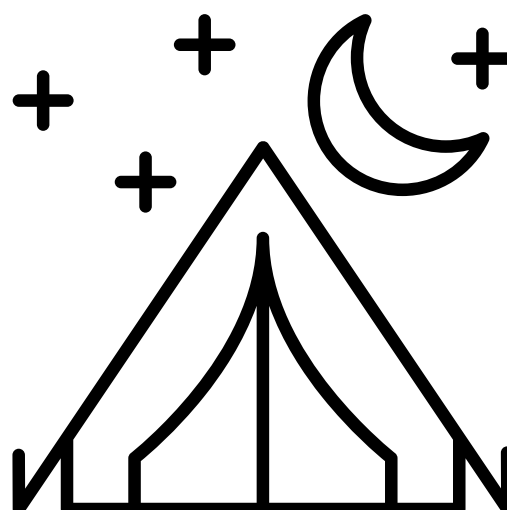
2. Camping Trip

Lyrics & Music by Kimberly Houlston



We're going on a camping trip
 I just can't wait to leave
 We are going on a camping trip
 I wonder what we'll see

It will be so good to get away
 I know it will be fun
 Clean fresh air and sunshine
 With my brother, dad and mum



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- All songs CCLI registered
- Music book available containing music score and words
- Songs and Backing tracks available from multiple music platforms
- Songs and Karaoke Video version available on YouTube





3. Wait

Lyrics & Music by Kimberly Houliston



There are times when you need to be patient
 Times when you need to learn how to ... wait
 You can't always get what you want straight away
 Sometimes you just have to ...wait
 There are times when you need to be patient
 Times when you need to learn how to ... wait
 You can't always get what you want straight away
 Sometimes you just have to ...wait



You can't always get what you want straight away
 Sometimes you just have to ...wait
 You can't always get what you want straight away.....
 Sometimes... you just have towait

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4. My Father in Heaven

Lyrics & Music by Kimberly Houliston



My Father in Heaven
 He cares for me each day
 He knows just what I'm going through
 He loves me anyway
 So now I'm gonna take the time
 To stop and thank Him for His love and pray
 To my Father in Heaven



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- All songs CCLI registered
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- Songs and Karaoke Video version available on YouTube





5. Be Still

Lyrics & Music by Kimberly Houlston



Be still and know
That I am your God
Can you hear Me
I am calling
I want to live in your heart now

Be still and know
That I am your God
Can you hear Me
I am calling
I want to live in your heart now

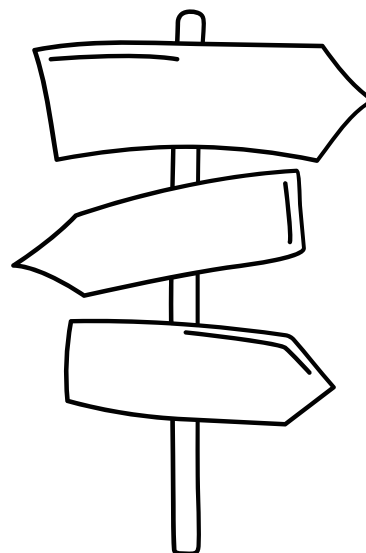


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6. God Has A Plan

Lyrics & Music by Kimberly Houlston

God has a plan
If you follow along
You just can't go wrong because
God has a plan
And He wants you to be a part of it too
Part of His plan



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- All songs CCLI registered
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7. He Made

Lyrics & Music by Kimberly Houliston



When I look at the mountains all around
The sunny sky, the passing clouds
There is so much evidence to see
That my God He loves me

God made the pretty flowers that grow
He made the rivers with waters that flow
There is so much evidence to see
That my God He loves me



God made lots of creatures both big and small
He made the birds He made them all
There is so much evidence to see
That my God He loves me

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LINKS AND CONTACT DETAILS



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including:

Spotify, iTunes,
Amazon Music etc



Arnie's Shack
YouTube



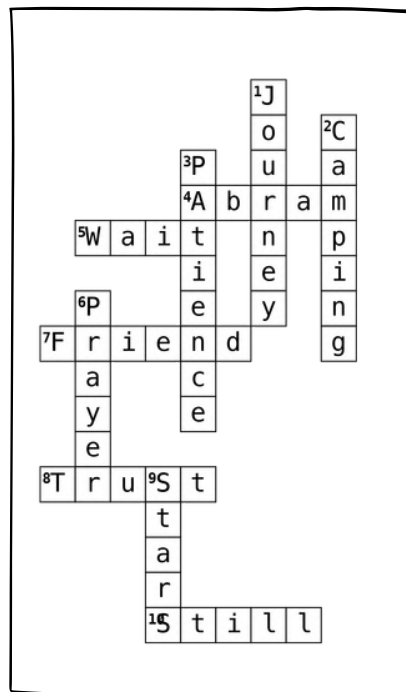
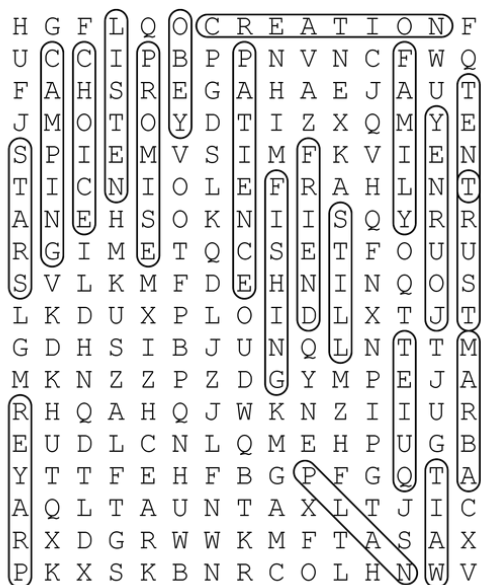
Music Book links -

<https://home.abide.com.au/products>



CONTACT US





Be still and know that I am God.
Psalm 46:10a (NIV)

Code Word:

BE

STILL

AND

KNOW

THAT

1

AM

GOD

PACK IT	LEAVE IT		
			
Friendship	Trust	Fear	Complaining
			
Gratitude	Kindness	Worry	
			
Bible	Listening ears		
			
Patience	Prayer		
			
God's promises			