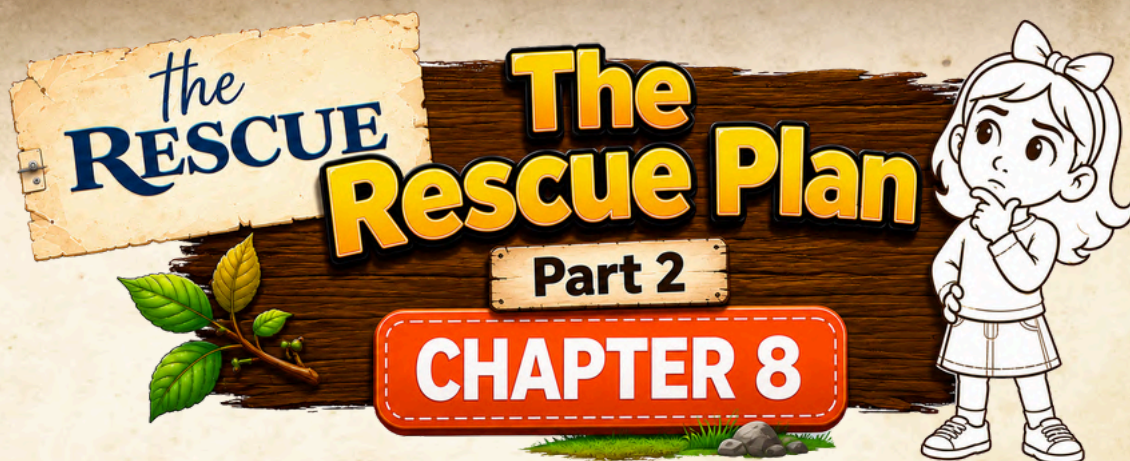




RESOURCE PACK

About These Resources

Welcome to The Rescue Series Additional Resource Pack!

This collection of engaging, faith-filled resources has been specially designed to support each episode of The Rescue—a powerful series exploring God’s great rescue plan for humanity.

Inside, you’ll find a variety of creative, age-appropriate activities for children aged 5–10. These materials are perfect for use at home, school, church, or in children’s ministries, helping you and your group “dig deeper” into the themes and concepts presented in The Rescue series.

This resource is a flexible toolkit from which you can select the activities that best suit the age, needs, and abilities of the children you are working with

These resources have been prayerfully developed to help children:

- Discover who God is
- Understand His love for them
- Grow in their faith
- Learn to make wise choices—even when it’s hard

Let the adventure begin!





Contents Page



CONTENT & ORGANIZATION

...page 3



BIBLE PASSAGES

...page 4



DISCUSSION QUESTIONS

1. Discussion Questions ...page 5

2. Reflection Activity ...page 6



OBJECT LESSONS

1. Prayer Phone ...page 7

2. My Way or God's Way ...page 8



CRAFT IDEAS

1. God's Way Footsteps Path ...page 9

2. Shield of Right Choices ...page 10

WORKSHEETS

Choices Maze ...page 12

Prayer Points ...page 12

The Rescue Plan - Part 2 - Word Search ...page 13

The Rescue Plan - Part 2 - Crossword ...page 14

Colouring In - The Rescue Plan - Part 2 ...page 15

Colouring In - Adam and his sons
Cain and Abel ...page 16



SONGS

1. The Rescue Theme Song ..page 17

2. How To Pray ...page 18

3. Think Before You Act ...page 20

4. God's Way My Way ...page 21



LINKS AND CONTACT DETAILS

...page 22



ANSWERS PAGE

...page 23



CONTENT & ORGANIZATION



SYNOPSIS

Jack faces the consequences of cheating but begins a journey of growth. Mel and Allie explore how to pray. Jono learns from the story of Cain and Abel that choices matter deeply. God's rescue plan is clear—His way is the best way.



KEY QUESTIONS

1. What did Jack learn about making the wrong choice?
2. What is prayer? Do you have to pray in a special way?
3. What can we learn from the story of Cain and Abel?
4. Why is God's way better than our way?



BIG IDEAS

1. Prayer is talking to God anytime, anywhere.
2. Wrong choices can hurt others, but honesty and change bring peace.
3. God has a rescue plan for us—Jesus is the Lamb.
4. We must choose whether to follow God's way or our own.



MEMORY VERSE

'Jeremiah 33:3 (NIV)

"Call to me and I will answer you and tell you great and unsearchable things you do not know."



BIBLE PASSAGES

1. Romans 6:23 (NIV)

"For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord."

► Highlights the consequence of sin (as seen in Jack's situation) and the hope of rescue through Jesus.

2. 1 John 1:9 (NIV)

"If we confess our sins, He is faithful and just and will forgive us our sins and purify us from all unrighteousness."

► Jack struggles with guilt and fear; this verse shows that forgiveness is available when we confess.

3. Psalm 18:2 (NIV)

"The Lord is my rock, my fortress and my deliverer..."

► God's voice in the episode reminds Jack that He wants to help—this verse reflects God's protective nature.

4. 1 Corinthians 10:13 (NIV)

"...God is faithful; he will not let you be tempted beyond what you can bear... He will also provide a way out..."

► Jack is tempted to make things worse. This verse reassures that God always provides an escape route.

5. Isaiah 1:18 (NIV)

"Though your sins are like scarlet, they shall be as white as snow..."

► Represents the cleansing and restoration God offers, which Jack is beginning to long for.

6. Proverbs 3:5–6 (NIV)

"Trust in the Lord with all your heart... and He will make your paths straight."

► Jack is confused and scared—this verse is a call to trust and follow God's direction.



DISCUSSION QUESTIONS

Understanding the Story

1. What was Jack's big problem in this episode?
(Help children identify the choice Jack made and why he felt trapped.)
2. Why did Kade want Jack to do something wrong?
(Discuss peer pressure and how bad choices often try to drag others in.)
3. How did Jack feel when he was stuck in a bad situation?
(Explore emotions like guilt, fear, and feeling alone.)
4. What did God say to Jack when he felt hopeless?
(Emphasise God's voice of love, rescue, and the invitation to ask for help.)

Personal Reflection

1. Have you ever felt like you made a bad choice and didn't know how to fix it? What did you do?
2. Why is it sometimes hard to admit when we've done something wrong?
3. What can we do when someone asks us to do something we know is wrong?
 - Discuss standing up for what's right, saying no, asking an adult for help.)
4. Who can we go to when we feel stuck, scared, or guilty?
(Point to parents, teachers, and most importantly, God.)

Connecting with the Bible

1. What does the Bible say about forgiveness when we confess our sins?
(Tie into 1 John 1:9.)
2. Why do you think God still loves us even when we make mistakes?
(Talk about God's grace and rescue plan through Jesus.)





REFLECTION ACTIVITY

"My Rescue Response"

Objective:

To help children personally reflect on the message of God's rescue plan and how they can respond.

Materials Needed:

- Printable worksheet (can be created with the following prompts).
- Pencils, markers, or crayons.
- Quiet space for personal reflection or group discussion.

Instructions:

1. Draw & Write:

- Divide the page into two sections. On the left, children draw a picture of a time they made a wrong choice. On the right, they draw what it looks like to accept God's help and make it right.

2. Answer These Reflection Questions:

- What does it mean that God has a rescue plan for me?
- Have I ever felt stuck in a bad choice like Jack?
- What can I do when I feel like there's no way out?
- Who can I talk to when I need help choosing the right thing?

3. Memory Verse Focus (to be written or decorated):

- "The Lord is my rock, my fortress and my deliverer." – Psalm 18:2 (NIV)

4. Prayer Prompt:

- "Dear God, thank You for loving me even when I make mistakes. Help me to accept Your rescue and follow You every day. Amen."



OBJECT LESSONS

1. Prayer Phone

Materials:

- 2 paper cups
- String (around 2 metres)
- Pencil or scissors to poke holes
- Optional: Toy phone or decorated cardboard phone



Lesson Objective

Help children visualise how God reaches out to rescue us from the consequences of sin, just like pulling someone to safety with a rope.

Instructions

Hold up the cups connected by string or the toy phone. Say:

- "Have you ever used a cup-and-string phone before? You talk into one end, and someone on the other end can hear you—even if they're far away. But what if the string gets tangled, or the cups break? The message might not go through." "That's kind of like how we sometimes feel about talking to people—we're not sure if they're listening."
- But prayer is different. Talking to God doesn't need special technology. No batteries. No signal. No missed calls. He hears us every time—even when we just whisper or think the words in our hearts.

Teaching Points:

- God is never too busy to listen.
- We can pray anywhere—at school, at home, outside.
- We don't need big fancy words. We can just talk to God like a friend.
- God hears and answers—even if the answer takes time.

Bible Verse:

Jeremiah 33:3 (NIV) – "Call to me and I will answer you and tell you great and unsearchable things you do not know."



OBJECT LESSONS

2. My Way or God's Way

Materials:

- Two large cardboard arrows or poster boards

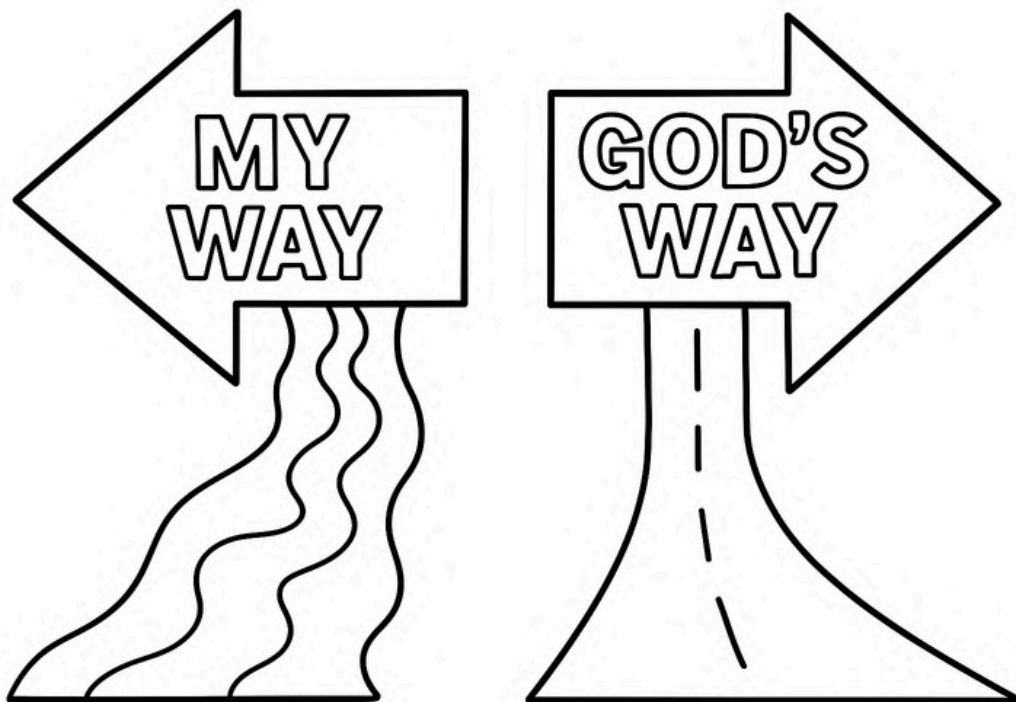
➤ **Arrow 1:** Labeled "My Way" – decorate it with:

Crooked, zigzagging lines, obstacles like rocks, thorns, storm clouds, or signs that say "Wrong Turn," "Dead End," or "Detour" Emotions like frustration, anger, or selfishness written along the way

➤ **Arrow 2:** Labeled "God's Way" – decorate it with: A straight, smooth path, bright colors, sunshine, hearts, peace symbols, and words like "Love," "Peace," "Joy," "Forgiveness," and "Obedience", arrows pointing upward toward heaven or light

Set-Up

Place the two signs on opposite sides of the room or on a board. Use yarn, string, or chalk to create a path beneath each arrow.





1. God's Way Footsteps Path

Materials:

- Printable footstep shapes (or cut out of coloured paper)
- Markers or crayons
- Large sheet of paper (or a clear floor space if using tape)
- Glue or sticky tack (if using paper)
- Bible (optional for reference)

Instructions:

1. Prepare Footsteps:

- Cut out 6–10 paper footsteps.
- On half, write or draw godly choices (e.g., "Tell the truth," "Be kind," "Pray," "Forgive").
- On the others, write or draw selfish/unwise choices (e.g., "Lying," "Being mean," "Ignoring others").

2. Create Two Paths:

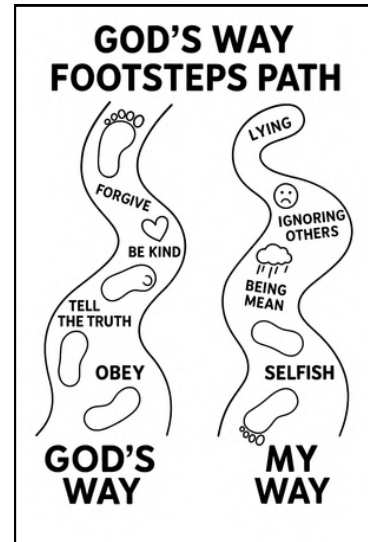
- On a large sheet or on the floor, lay out two winding footstep paths—one for "God's Way" (straight or gently curving) and one for "My Way" (crooked, disorganized).

3. Decorate:

- Peace (e.g., hearts, smiley faces).
- "My Way" can have sad faces or confusion signs.

4. Reflect:

- Ask children: "Which path do you want to walk today? What kind of choices help us follow God?"





CRAFT IDEAS



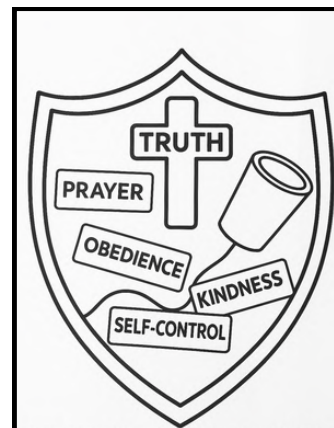
2. Shield of Right Choices

Purpose:

God gives us protection when we choose what's right.

Materials:

- Shield template (or cardstock to cut a shield shape)
- Aluminum foil or silver paper (optional, for decoration)
- Markers, crayons
- Glue sticks
- Scissors
- Word labels or blank slips (e.g., "Truth," "Prayer," "Kindness," "Obedience," "Self-Control")



Instructions:

1. Create the Shield:

- Give each child a printed shield outline or have them cut their own from sturdy cardstock.
- Decorate the border with foil or metallic paper if available.

2. Add the Words:

- Children glue on words that represent godly choices (e.g., "Tell the truth," "Pray first," "Be kind").
- Option: Let them come up with their own "right choice" words to add.

3. Design a Centre Symbol:

- Encourage kids to draw a cross, heart, or Bible in the center of the shield as a reminder that God is at the core of their decisions.

4. Add a Bible Verse:

- Write or glue Ephesians 6:11 at the bottom or on the back.

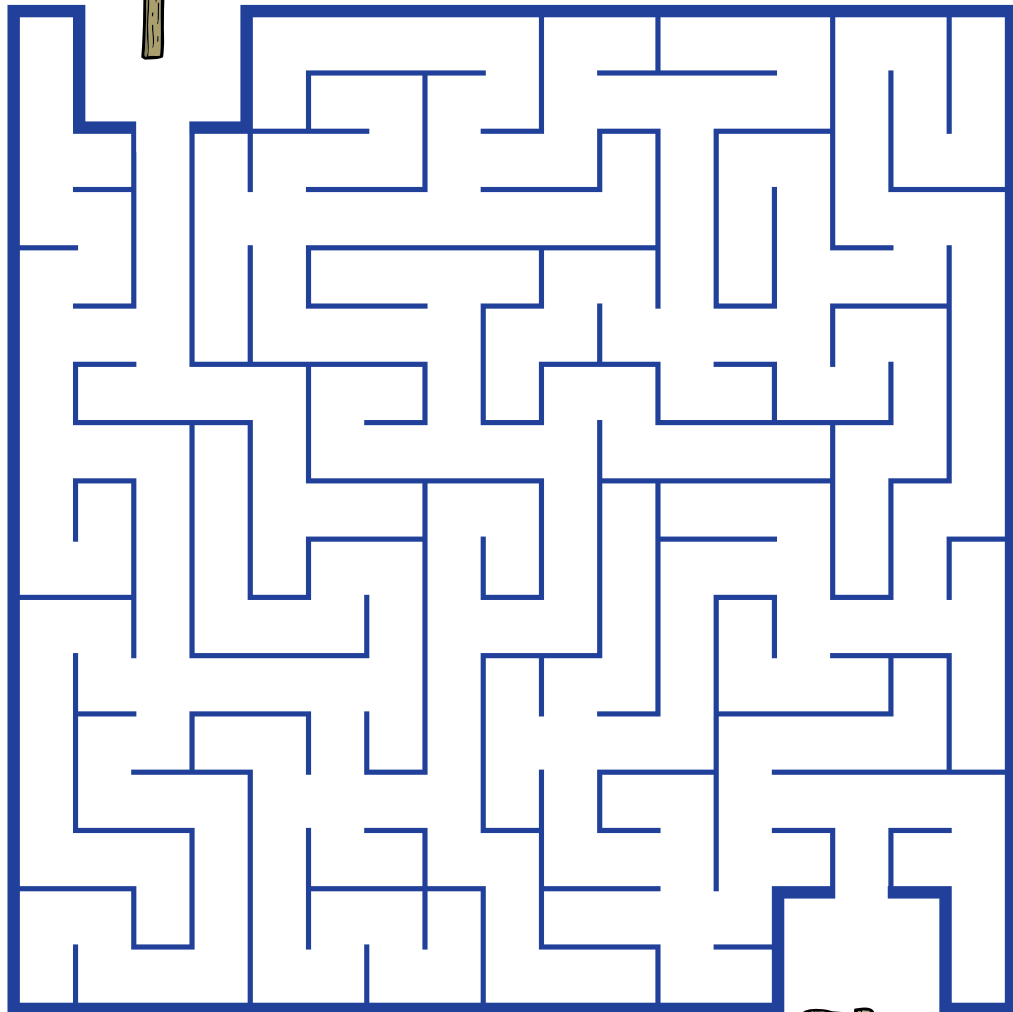
Reflection Prompt:

Ask: "What are some 'wrong choices' that might try to sneak in? How can God's truth help protect your heart?"

Name: _____

Worksheet 1 : Choices Maze

"You've made a choice that led you the wrong way, like Jack did when he gave in to cheating. But don't give up! God still loves you and has a rescue plan. Can you find your way to forgiveness?"



Well done! You've found the right path — God's way. Just like Jack is learning, when we're honest and ask for help, God forgives us. Jesus is the Rescuer who gives us a new start!"

Think about a time when you made a choice you weren't proud of. What happened? Did you try to fix it?

"If we confess our sins, He is faithful and just and will forgive us our sins." — 1 John 1:9 (NIV)

Name:

Worksheet 2 : Prayer Points



Make a list of some things you would like to say to God.

1. _____
2. _____
3. _____
4. _____
5. _____

Ideas for Prayer Points to God

1. Thank You, God, for always loving me.
2. Even when I make mistakes, You don't stop loving me.
3. Thank You for having a rescue plan.
4. I'm so glad You sent Jesus to help me and save me.
5. Help me be honest.
6. When I mess up, give me courage to tell the truth and make it right.
7. Please forgive me.
8. I'm sorry for the wrong things I've done. Thank You for forgiving me.
9. Guide me to make the right choices.
10. Sometimes it's hard, but I want to follow Your way.
11. Help me show kindness to others.
12. Especially those who are struggling or hurting like Kade.
13. Help me trust You more each day.
14. Remind me that You are always with me and ready to help.

Name: _____

The Rescue Plan - Part 2 - Word Search

Can you find the hidden words in this puzzle?

C	A	I	N	W	T	W	H	F	D	B	K	N	J	Y
C	O	N	S	E	Q	U	E	N	C	E	A	B	E	L
Y	B	Y	P	Y	V	W	X	H	D	V	U	G	F	F
U	I	Y	R	V	I	N	Q	A	W	Y	L	X	G	A
D	L	E	E	N	J	E	A	L	O	U	S	Y	W	L
E	A	B	S	I	X	F	G	R	U	N	E	D	B	S
C	M	O	C	S	M	O	W	V	X	G	Z	C	G	Y
I	B	E	U	F	O	R	G	I	V	E	N	E	S	S
F	N	R	E	L	X	G	O	M	K	N	W	M	N	T
I	C	F	G	T	J	I	E	D	M	A	G	K	M	R
R	H	Z	L	N	X	V	C	C	E	B	V	J	P	A
C	E	Q	G	E	X	E	W	O	R	S	H	I	P	E
A	B	P	H	P	W	K	G	A	C	B	L	T	A	H
S	D	T	X	E	L	V	H	E	Y	N	M	V	S	O
O	F	F	E	R	I	N	G	S	L	N	B	W	H	Q
O	J	J	I	O	J	L	O	V	E	H	W	P	W	G
A	N	P	R	A	Y	E	R	C	H	O	I	C	E	E
P	L	A	N	R	G	W	S	D	D	R	N	C	M	A

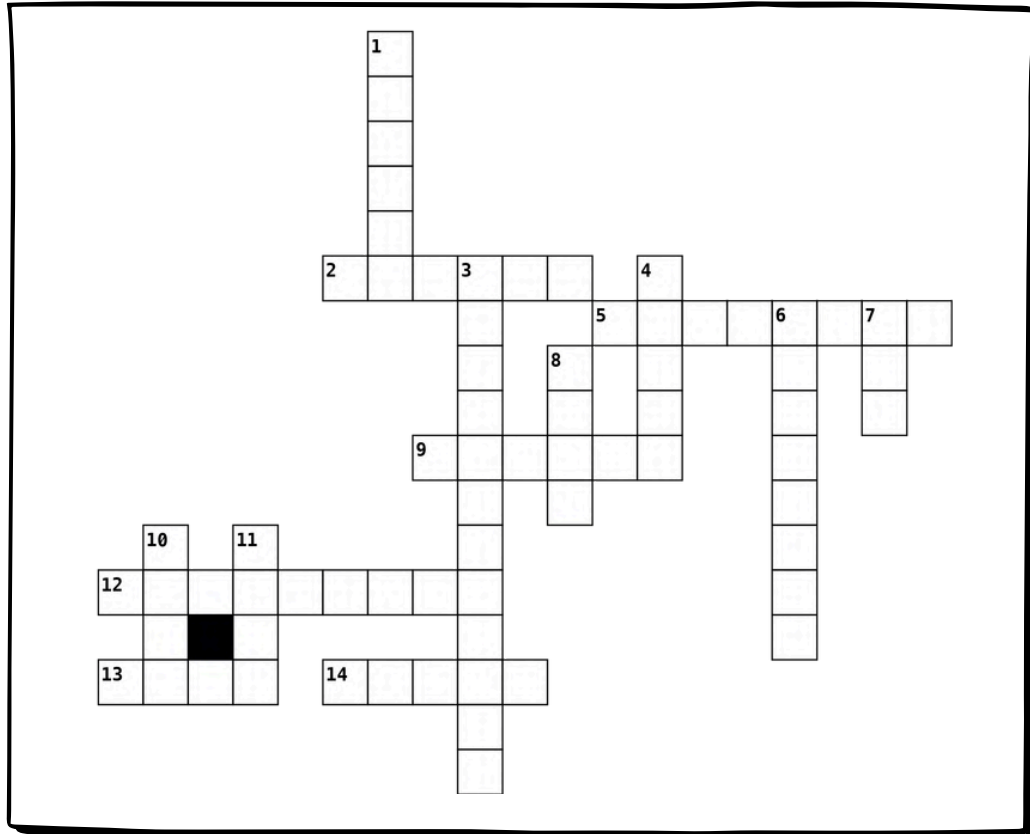
- | | | |
|--------------|-----------------|-----------------|
| 1. Rescue | 8. Worship | 15. Sin |
| 2. Plan | 9. Obey | 16. Forgiveness |
| 3. Prayer | 10. Choice | 17. Lamb |
| 4. Forgive | 11. Consequence | 18. Jealousy |
| 5. Abel | 12. Heart | 19. Love |
| 6. Cain | 13. Offering | 20. Mercy |
| 7. Sacrifice | 14. Repent | |



Name: _____

The Rescue Plan - Part 2- Crossword

Solve the crossword puzzle using the clues below.



Across

2. God's plan to save us is called The _____. (6 letters)
5. Cain's feeling toward Abel. (8 letters)
9. To turn away from sin and ask for forgiveness. (6 letters)
12. Something given to God to show love or sorrow. (9 letters)
13. To follow God's instructions. (4 letters)
14. God shows this when we confess. (5 letters)

Down

1. God gives us this — we can follow His way or not. (6 letters)
3. Every choice leads to these. (12 letters)
4. God cares about the attitude of your _____. (5 letters)
6. Something brought to God from the heart. (8 letters)
7. God warned Cain that this was crouching at his door. (3 letters)
- . He gave a pleasing offering to God. (4 letters)
10. Abel offered one of these. (4 letters)
11. Talking to God. (4 letters)



Colour the picture below.



Colour the picture below.



Adam and his sons Cain and Abel



1. Rescue - Theme song

Lyrics & Music by Kimberly Houlston



I didn't even know that I was needing rescue
The threats and danger I couldn't see I was heading right to
I needed help but I didn't know
Needed saving from an evil foe
But I didn't even know that I was needing rescue

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- All songs CCLI registered
- Music book available containing music score and words
- Songs and Backing tracks available from multiple music platforms
- Songs and Karaoke Video version available on YouTube



2. How To Pray

Lyrics & Music by Kimberly Houlston



Verse 1

There doesn't have to be a special way to pray
 What's important is you take the time to talk to God each day
 He can hear the whisper of your heart
 What you tell him in your mind and what you say out loud

So tell him about your good times
 Tell him when you're sad
 Tell him what is really troubling you
 Tell him what makes you mad



There doesn't have to be a special way to pray
 What's important is you take the time to talk to God each day

Verse 2

So there doesn't have to be a special way to pray
 What's important is I take the time to talk to God each day
 He can hear the whisper of my heart
 What I tell him in my mind and what I say out loud

I can tell him about my good times
 Tell him when I'm sad
 Tell him what is really troubling me
 Tell him what makes me mad



There doesn't have to be a special way to pray
 What's important is I take the time to talk to God each day

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2. How To Pray continued...

Verse 3

There doesn't have to be a special way to pray
What's important is we take the time to talk to God each day
He can hear the whisper of our hearts
What we tell him in our minds and what we say out loud



We can tell him about our good times
Tell him when we're sad
Tell him what is really troubling us
Tell him what makes us mad

There doesn't have to be a special way to pray
What's important is we take the time to talk to God each day

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3. Think Before You Act

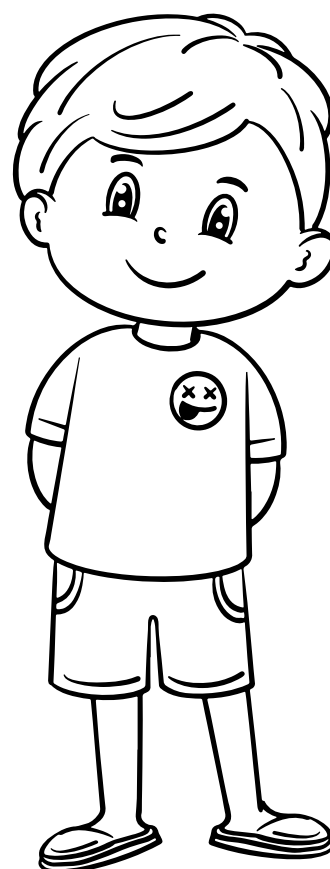
Lyrics & Music by Kimberly Houliston



Think it through before you act
Because it really is a fact
That the consequence of what you choose
Will have an impact upon you

We will reap the rewards of what we do
Both good and bad it is true
The best way to live you life
Is always choose to do what's right

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4. God's Way My Way

Lyrics & Music by Kimberly Houliston



Verse 1

I've been created by my Father in Heaven
He knows me from the inside out
He knows the best way for me to be happy
Of this I have no doubt



Chorus

So I'm gonna make God's way, my way
Why don't you try this too.
I'm gonna make God's way, my way
The best for me and for you

Verse 2

I'll read God's message for me in my Bible
And talk to Him when I pray
I know God's love for me is totally reliable
I'll trust Him in every way



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Amazon Music etc



Arnie's Shack
YouTube

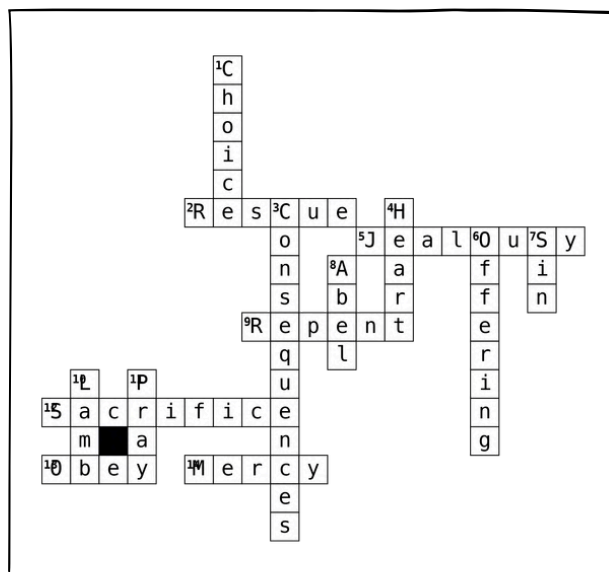
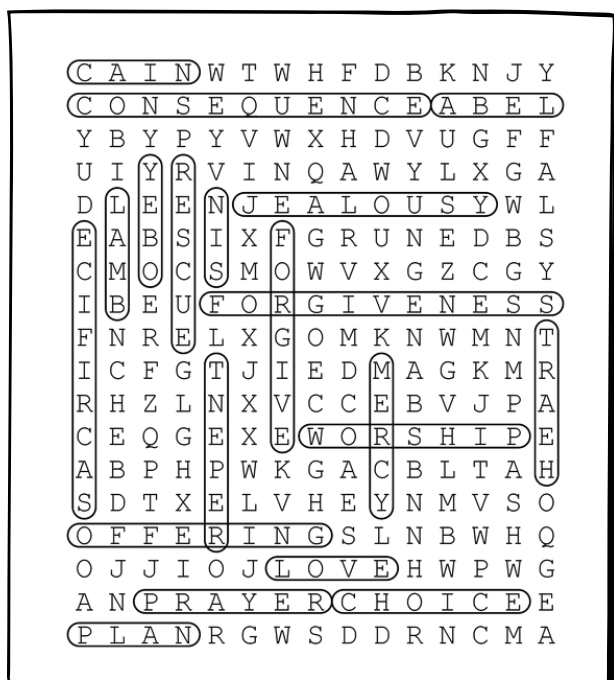
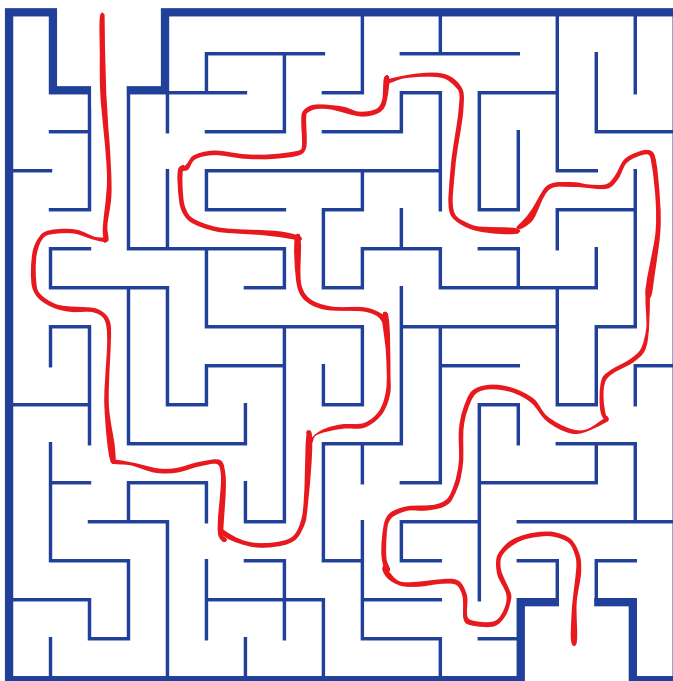


Music Book links -
<https://home.abide.com.au/products>

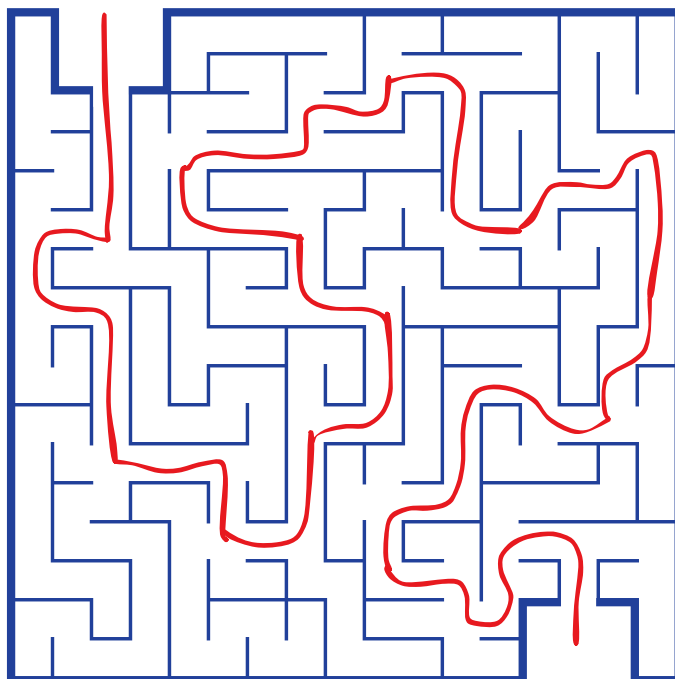


CONTACT US





The Rescue Plan - Part 2 - ANSWER PAGE



C A I N W T W H F D B K N J Y
 C O N S E Q U E N C E A B E L
 Y B Y P Y V W X H D V U G F F
 U I Y R V I N Q A W Y L X G A
 D L E E N J E A L O U S Y W L
 E A B S I X F G R U N E D B S
 C M O C S M O W V X G Z C G Y
 I B E U F O R G I V E N E S S
 F N R E L X G O M K N W M N T
 I C F G T J I E D M A G K M R
 R H Z L N X V C C E B V J P A
 C E Q G E X E W O R S H I P E
 A B P H P W K G A C B L T A H
 S D T X E L V H E Y N M V S O
 O F F E R I N G S L N B W H Q
 O J J I O J L O V E H W P W G
 A N P R A Y E R C H O I C E E
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