

The
RESCUE

The Book

CHAPTER 1

RESOURCE PACK

About These Resources

Welcome to The Rescue Series Additional Resource Pack!

This collection of engaging, faith-filled resources has been specially designed to support each episode of The Rescue—a powerful series exploring God’s great rescue plan for humanity.

Inside, you’ll find a variety of creative, age-appropriate activities for children aged 5–10. These materials are perfect for use at home, school, church, or in children’s ministries, helping you and your group “dig deeper” into the themes and concepts presented in The Rescue series.

This resource is a flexible toolkit from which you can select the activities that best suit the age, needs, and abilities of the children you are working with

These resources have been prayerfully developed to help children:

- Discover who God is
- Understand His love for them
- Grow in their faith
- Learn to make wise choices—even when it’s hard

Let the adventure begin!

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CONTENT & ORGANIZATION



SYNOPSIS

Jack's last-minute goal wins the game, but his coach is worried about Jack's focus in class. A visit to the library leads Jack and Melody to discover "The Book" — a mysterious and powerful book unlike any other. As they begin reading it, their curiosity grows. Could this be the key to discovering truth, purpose, and God's plan?



KEY QUESTIONS

1. What is "The Book" Mrs Jones talks about?
2. Why is the Bible more important than other books?
3. How can reading the Bible change your life?



BIG IDEAS

1. What is "The Book" Mrs Jones talks about?
2. Why is the Bible more important than other books?
3. How can reading the Bible change your life?



PRAYER PROMPT

"Dear God, thank You for giving us the Bible. Help me to read from it, understand it, and learn more about You every day. Amen."



MEMORY VERSE

Psalms 119:105 –

"Your word is a lamp for my feet, a light on my path."

Motions:

"Your word" – open hands like a book

"Lamp" – hand above head like holding a lantern

"Feet" – march in place

"Path" – point forward



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BIBLE PASSAGES

1. Deuteronomy 6:6–7 (NIV)

“These commandments that I give you today are to be on your hearts. Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up.”

► *This verse reminds us that God’s Word is meant to be part of everyday life, not just read occasionally. It directly supports The Rescue’s mission to help children and families embrace the Bible in real life—through conversations, actions, and family time.*

2. John 17:17 (NIV)

“Sanctify them by the truth; your word is truth.”

► *Jesus prays this for His followers, declaring that God’s Word is the ultimate truth—a central message for helping children understand the Bible isn’t outdated or optional, but true and relevant.*

3. 2 Timothy 3:16–17 (NIV)

“All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the servant of God may be thoroughly equipped for every good work.”

► *This clearly affirms the Bible’s authority, usefulness, and divine origin—a powerful foundation for Episode 1’s theme: The Bible is not just any book—it is God’s book.*

4. Psalm 119:105 (NIV)

“Your word is a lamp for my feet, a light on my path.”

► *This passage reinforces the guidance and clarity that comes from reading the Bible. It fits well with the imagery of “The Book” lighting the way through life’s choices.*

5. Hebrews 4:12 (NIV)

“For the word of God is alive and active. Sharper than any double-edged sword...”

► *This verse helps kids understand that the Bible is not just a history book, but living and powerful—it speaks into our lives today. Perfect for reinforcing the idea that The Book is still relevant and life-changing.*



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BIBLE PASSAGES

6. Joshua 1:8 (NIV)

"Keep this Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it."

► *This verse highlights the importance of consistently reading and obeying God's Word—it directly supports Episode 1's challenge to trust and follow the Bible in every situation.*

7. Matthew 7:24 (NIV)

"Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock."

► *This verse gives a visual lesson in the importance of not just hearing God's Word, but living it out. It connects well with the "solid foundation" metaphor used in Episode 1.*

8. Romans 15:4 (NIV)

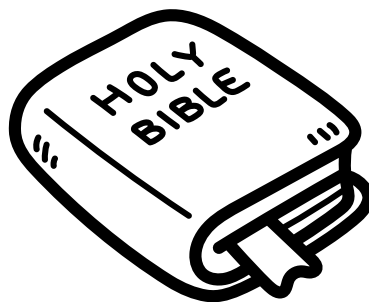
"For everything that was written in the past was written to teach us, so that through the endurance taught in the Scriptures and the encouragement they provide we might have hope."

► *It reminds us that even the ancient stories in Scripture were written for our benefit today—a great encouragement to children that The Book holds timeless hope and guidance.*

9. Isaiah 40:8 (NIV)

"The grass withers and the flowers fall, but the word of our God endures forever."

► *To emphasise the eternal and unchanging nature of the Bible—a key truth that helps children trust God's Word in a world where so much is temporary or uncertain.*





DISCUSSION QUESTIONS

Warm-Up (Before/After Viewing)

1. What is your favourite kind of book to read and why?
2. When you hear the words "The Book," what do you think it might be about?

Story Check (Comprehension)

3. What happened in the game at the start? Who scored and how did everyone react?
4. Why did Mr Adams ask to meet Jack's parents?
5. What did Mrs Jones mean by "The Book"?
6. Which book did Jack first choose, and why?
7. What did Mum find in the garage, and what was special about it?

About the Bible (Concept)

8. Mrs Jones said the Bible is many books in one. Which kinds did she mention (story/history/adventure/songs/help)?
9. What makes the Bible different from other books you can borrow?
10. If the Bible is true and from God, how should we treat it?

Head • Heart • Hands (Reflection & Application)

11. **Head (Truth):** What new fact did you learn about the Bible today?
12. **Heart (Feelings):** How did Mum feel when she remembered Grandma reading the Bible? When have you felt peace like that?
13. **Hands (Action):** What is one thing you can do this week to learn from the Bible (read, listen, ask questions, memorize)?

Discernment & Choices

14. Mr Adams said Jack needs discernment (good judgment). What would good discernment look like for Jack after school?
15. Imagine: It's lunchtime. Your friends want to play, but you promised to finish a report. What would you do, and why?
16. Who can help you make wise choices when it's hard (parents, teacher, God, a friend)?





DISCUSSION QUESTIONS

Think–Pair–Share

17. If you could ask Mrs Jones one question about the Bible, what would it be?
18. If you could ask God one question after reading the Bible, what would you ask?

Optional Scripture Tie-In (read together)

- Psalm 119:105 – God’s Word as a lamp.
- 2 Timothy 3:16–17 – Scripture helps train us for good.
- Deuteronomy 6:6–7 – Families talk about God’s words at home.
- John 17:17 – God’s Word is truth.

Follow-up prompts:

- According to these verses, what does the Bible do in our lives?
- When and where could your family talk about the Bible like Deuteronomy says?

Ages 5–7 (simplified prompts)

- Who is Jack? What happened at the game?
- What is The Book Mrs Jones talked about?
- Point to the Bible. What do you think is inside it?
- When could you read or hear the Bible this week—morning, car ride, bedtime?

Ages 8–10 (deeper prompts)

- Why might someone pick a sports book over the Bible? Is that wrong or just different?
- What makes the Bible trustworthy (many authors, history, prophecy)?
- How can you tell if something you hear matches the Bible?

Closing Question & Prayer

- What is one choice you will make this week to get to know God through His Word?
- Close with a short prayer asking God for curiosity, understanding, and discernment.

Tip for leaders: Write the big idea on the board—

“The Bible is God’s true book that guides our choices.”

Refer back to it as kids share.

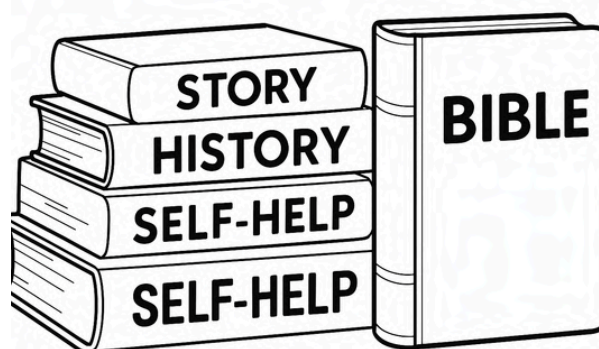


OBJECT LESSONS

1. One Book That's Everything

Materials:

- Stack of books
 - Storybook:
 - History book
 - Science book
 - Poetry/Song book
 - Self-help book
- Bible



Activity:

1. Lay out the books one by one on the table.
2. As you hold up each one, briefly explain what it is:
 - Storybook: "This book tells made-up stories that help us imagine things."
 - History book: "This one teaches about real people and events that happened long ago."
 - Science book: "This teaches us about the world—like how nature works."
 - Poetry/Song book: "This one has poems and songs to express feelings."
 - Self-help book: "This gives advice on how to be a better person and make wise choices."
3. Then hold up the Bible and say:

"Did you know the Bible is all of these in one book?
It has amazing stories, real history, insights about the world, beautiful songs,
and the best life advice you'll ever find."





OBJECT LESSONS

One Book That's Everything continued...

4. Go through each category again, this time showing where the Bible includes it:

- Storybook: "The Bible is full of incredible stories—like David and Goliath, Noah's Ark, and Jesus calming the storm."
- History book: "It tells the true history of God's people and how the world began."
- Science book: "It doesn't have science facts like a textbook, but it tells who made the world and how nature shows God's power." (Psalm 19:1)
- Poetry/song book: "The book of Psalms is filled with songs and poems to God."
- Self-help book: "The Bible teaches us how to live well—how to forgive, love others, and make wise choices."

5. Stack all the other books in one pile, then place the Bible on top, and say: "The Bible is the most important book because it tells us about God—and how we can be part of His rescue plan."

Discussion Questions:

- Have you ever read a book that changed how you felt or thought?
- Which kind of writing do you like most—stories, songs, facts, or advice?
- Why do you think the Bible includes all of these?
- What makes the Bible different from any other book?

Big Idea:

The Bible is not just one kind of book—it's the book that brings everything together. It's God's special message to us, full of truth, hope, and life.

Suggested Bible Verse to Accompany:

2 Timothy 3:16 (NIV)

"All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness."



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OBJECT LESSONS

2. Hidden Treasure



Materials:

- A small treasure box
- A small Bible (pocket-sized works well)
- Optional: Gold coins, costume jewels, or scrolls
- A printed label or card inside: "God's Word is the greatest treasure."

Activity:

1. Show the treasure box to the group. Shake it gently to build anticipation.

Say:

- "Inside this box is something incredibly valuable—more valuable than gold or diamonds!"

2. Ask the children:

- "What would you hope to find inside this treasure box?"
- "What is the most valuable thing you own?"
- "Do you think treasure is always gold or money?"

3. Let a child or two come up and open the treasure box. Inside, they find:

- A small Bible
- Maybe some gold coins or jewels for effect
- A message card that says: "God's Word is the greatest treasure."

4. Say:

- "This treasure is more important than anything else you could ever find. Why? Because this book tells us the truth about God, about life, about what matters, and how much we are loved."

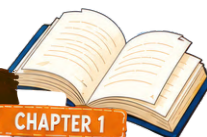
5. Hold up the Bible and explain:

- "It helps us know who God is."
- "It shows us the path to forgiveness and salvation."
- "It teaches us how to love others and make good choices."
- "It gives us hope—even when life feels hard."



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OBJECT LESSONS

Hidden Treasure continued...

6. Show a gold coin or jewel and say:

- "These might look shiny and fun, but they can't teach us truth, or help us live forever. The Bible can. That's why The Book is the most valuable treasure of all."

Discussion Questions:

- Why do you think the Bible is called a treasure?
- What's something in the Bible that has helped you or someone you know?
- How is wisdom more valuable than gold or money?
- What can we do to treat the Bible like a treasure?

Big Idea:

The Bible is the greatest treasure we can find. It's full of wisdom, love, and truth that lasts forever.

Suggested Bible Verse:

- **Psalm 119:105 (NIV)**
 - "Your word is a lamp for my feet, a light on my path."
- **Psalm 119:72 (NIV)**
 - "The law from your mouth is more precious to me than thousands of pieces of silver and gold."

Optional Add-on:

Craft Extension: "Treasure Chest Verse Holder"

- Give each child a mini paper treasure chest template to decorate.
- Inside, place a "treasure verse" (short Bible verse).
- Encourage them to open it each day as a reminder that God's Word is their treasure.



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CRAFT IDEAS



1. Bible Bookmark Craft

Materials:

- Cardstock (cut into bookmark shapes)
- Bible verse printouts (e.g., Psalm 119:105 or Psalm 119:72)
- Stickers (crosses, hearts, stars, books, etc.)
- Markers, crayons, or coloured pencils
- Glue sticks or double-sided tape
- Hole punch and ribbon or yarn (optional – for a tassel)
- Pre-printed phrases (optional):
 - “The Bible is the Book I Really Need”
 - “God’s Word is my Light”
 - “I treasure Your Word!”



Instructions:

1. Give each child a bookmark-sized piece of cardstock.
2. Choose a verse to add to the bookmark. Some options include:
 - Psalm 119:105 – “Your word is a lamp for my feet, a light on my path.”
 - Psalm 119:72 – “Your teachings are worth more to me than thousands of pieces of gold and silver.”

Let the kids:

- Glue on a printed verse OR
 - Copy it in their own handwriting.
3. Decorate the bookmark:
 - Add stickers of Bibles, candles (symbol of light), or treasure
 - Use markers or crayons to draw a pathway, heart, or open Bible
 - Glue on the printed phrase: “The Bible is the Book I Really Need”

4. (Optional): Use a hole punch at the top and thread a ribbon through or add a tassel.



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CRAFT IDEAS



Bible Bookmark Craft continued ...

Talking Points While Crafting:

- “What do you use a bookmark for?”
- “Why is it important to have reminders of what the Bible says?”
- “What do you think it means that the Bible is a light for our path?”

Teaching Connection to Episode 1:

In this episode, we learn that The Book is no ordinary book—it is a guide, a treasure, and a source of truth. This bookmark becomes a daily reminder that when we feel unsure, sad, confused, or thankful, the Bible has something to say to us.

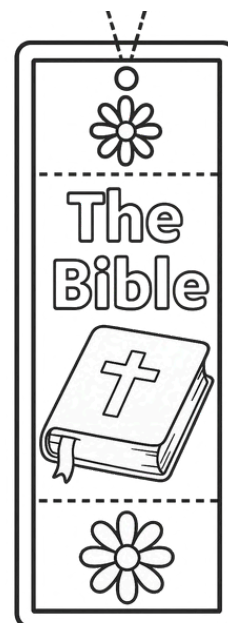
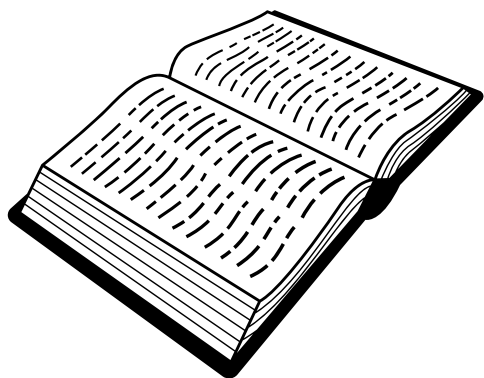
Memory Verse Suggestion (for Bookmark or Lesson):

- Psalm 119:105 (NIV)
 - “Your word is a lamp for my feet, a light on my path.”

Optional Extension:

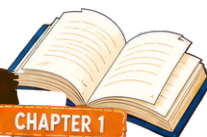
Bookmark Blessing Activity:

Encourage kids to make two bookmarks—one to keep and one to give away (to a friend, teacher, sibling). Ask them to think about who might need the encouragement of God’s Word this week.



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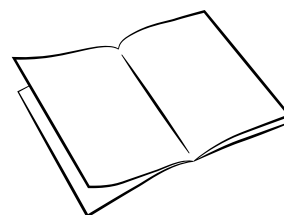




CRAFT IDEAS



2. Mini Book Craft



Materials:

- A4 or Letter-size paper (folded and cut to make mini books – approx. 4 to 8 pages)
- Staplers (or tape/glue to bind the booklet)
- Coloured pencils, markers, or crayons
- Stickers (optional – Bibles, hearts, stars, crosses)
- Printed or written prompts for each page (optional for younger kids)

Instructions:

1. Make the Mini Book:

- Take two or three sheets of paper, fold them in half, and staple along the crease to make a small booklet.
- Title the front page: "The Book I Really Need" or "Why the Bible Is Important"
- (Kids can decorate the cover with drawings, stickers, and their names.)

2. Inside Pages – Guided Prompts:

Children can write or draw on each page. You can provide pre-written prompts to glue in or display them on a board. Example pages:

- Page 1: "The Bible is not just any book... It is _____."
- Page 2: "One thing I've learned from the Bible is..."
- Page 3: "The Bible helps me when I feel _____."
- Page 4: "My favorite Bible story is _____ because..."
- Page 5: "God's Word is like a light because it _____."
- Page 6: "I want to read my Bible more because..."
- Back Page: Psalm 119:105 or "The Bible is the Book I Really Need"

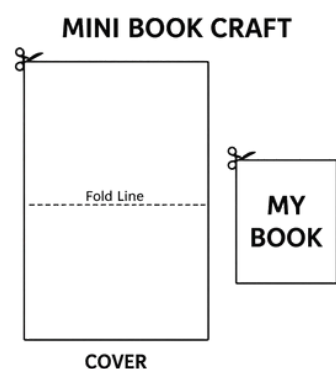
3. Decorate each page with drawings, stickers, or simple designs to make it personal and memorable.

Discussion Starters During the Activity:

- "Why do you think the Bible is called 'God's Word'?"
- "How is the Bible like a guide or a light for us?"
- "What makes the Bible different from other books?"

Key Verse to Include:

"Your word is a lamp for my feet, a light on my path."
—Psalm 119:105 (NIV)



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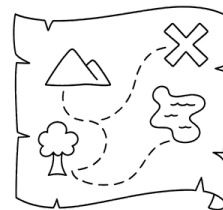
CRAFT IDEAS



3. Treasure Map to the Book

Theme:

The Bible is God's treasure chest, filled with wisdom, truth, and guidance. Just like treasure hunters search for gold or jewels, we can search the Bible and discover the most valuable truths.



Materials:

- Blank A4 or Letter-size paper
- Pencils, pens, coloured markers
- Tea bags or brown crayons (optional – to age the paper and give it a treasure map feel)
- Stickers or symbols (e.g. crosses, hearts, lightbulbs, stars – optional)

Instructions:

1. Design the Treasure Map:

- Have children draw a simple treasure map with a path leading to a treasure chest (or Bible).
- Along the path, place 4–6 illustrated markers that represent things found in the Bible. Examples:
 - 📖 A storybook = "God's Stories"
 - 🧭 A compass = "Guidance"
 - 💡 A light bulb = "Truth"
 - ❤️ A heart = "God's love"
 - 👣 Footprints = "Walking with God"
 - 🎵 A music note = "Songs of praise"

2. Mark the Final Treasure:

- The "X" or treasure chest at the end should be labeled "The Bible – God's Word" or "The Book I Really Need".
- Children can draw the Bible as an open book shining with light, or in a treasure chest with gold beams.

3. Aging the Paper (Optional):

- Lightly rub a tea bag or crumple the paper and smooth it out for an aged "pirate map" effect.
- Or shade the edges with brown crayon to make it look like an old scroll.

Suggested Verse to Include:

"The instructions of the Lord are perfect... They are more desirable than gold."
—Psalm 19:7,10 (NLT)



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Name: _____



The Book - Matching Activity

Draw a line to match the people to what they did.

Jack**Worked at the Library****Melody****Found her Bible in a box****Mrs Jones****Borrowed a book****Mum****Asked about the Bible**

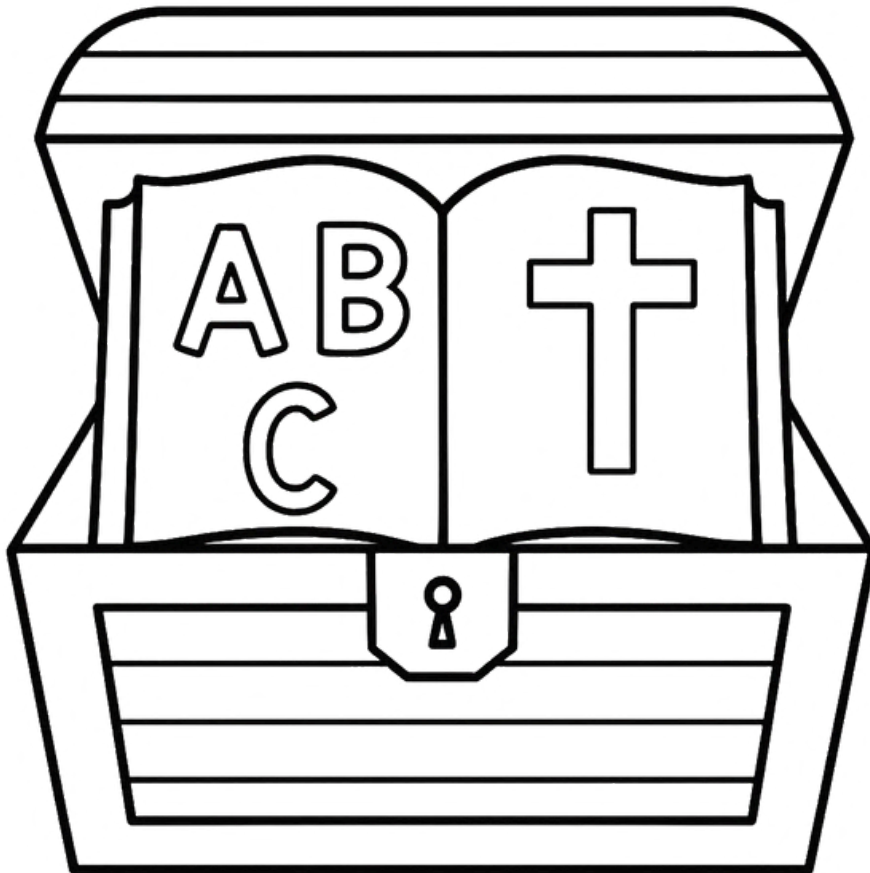
Draw a line to match the text to the Bible reference.

Psalms 119:105**"Impress them on your children..."****2 Timothy 3:16****"All Scripture is God-breathed..."****John 17:17****"Your Word is a lamp for my feet..."****Deuteronomy 6:6-7****"Your Word is truth."**

Name:

The Book - A Treasure Chest

Colour the treasure chest, and write some words in the box to describe why the Bible is a treasure,



Name: _____



The Book - Word Search

Can you find the hidden words in this puzzle?

G	U	I	D	E	G	P	F	B	L	Y	H	C	F	W
M	U	H	F	K	O	O	L	A	K	D	J	D	H	J
R	E	W	N	C	O	A	B	F	L	C	W	O	R	D
E	E	L	A	A	D	A	W	A	I	J	E	S	U	S
A	J	E	O	J	B	R	S	I	G	Y	Z	K	I	B
D	I	S	Z	D	X	T	S	T	H	E	Q	H	G	I
Q	I	J	L	D	Y	R	L	H	T	O	D	L	R	B
Q	R	G	V	S	A	U	I	D	S	U	N	M	F	L
Y	U	J	U	E	L	T	B	Y	O	V	X	I	Y	E
L	S	M	S	P	O	H	R	L	K	E	L	A	S	L
E	C	U	B	O	V	F	A	B	N	R	A	V	S	N
A	M	T	G	H	E	T	R	F	S	S	R	Q	H	X
R	W	G	O	O	H	X	Y	K	B	E	Q	P	D	S
N	X	Y	S	F	D	V	J	M	C	W	N	Y	G	Q
J	P	R	M	T	S	W	B	A	W	M	M	R	S	L
O	R	N	R	H	I	G	P	O	X	X	G	O	H	A
J	R	E	S	C	U	E	K	M	O	J	D	T	B	L
S	I	M	W	R	P	M	O	W	I	K	B	S	O	C

- | | | | |
|-----------|-----------|-------------|-----------|
| 1. Bible | 6. Word | 11. Book | 16. Hope |
| 2. Truth | 7. Light | 12. Learn | 17. Love |
| 3. Rescue | 8. Guide | 13. Read | 18. Verse |
| 4. Jesus | 9. Melody | 14. Library | 19. Story |
| 5. God | 10. Jack | 15. Faith | 20. Good |

**The Book**

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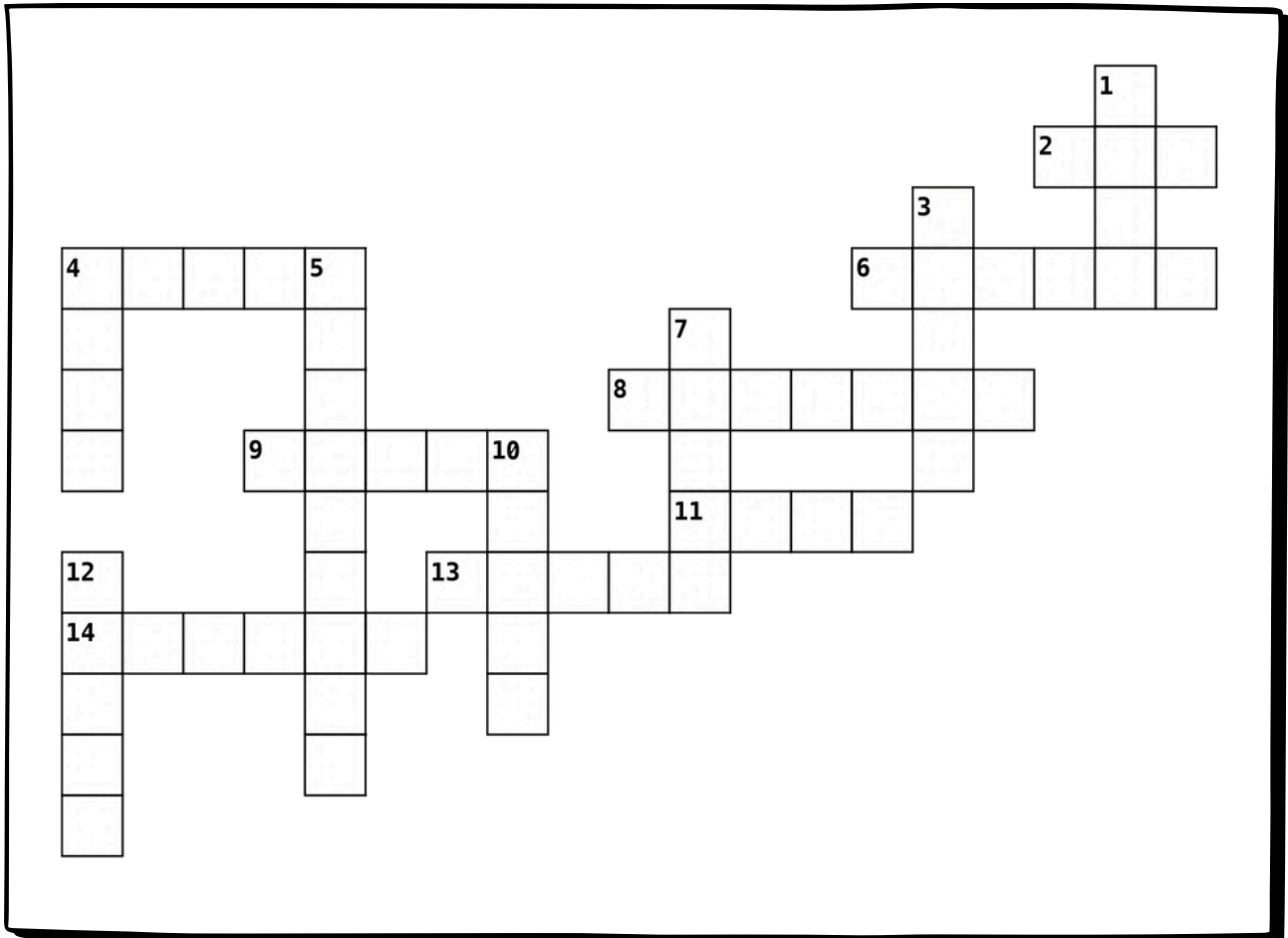


Name: _____



The Book - Crossword

Solve the crossword puzzle using the clues below.



Across

2. The one who gave us the Bible..
4. The Rescuer in the Bible.
6. A girl who wants to know more about God.
8. place full of books.
9. The Bible is like this to our path (Psalm 119:105)
11. Love The Bible shows us how much God ____ us.
13. What the Bible does for our lives.
14. The name of the big plan in the Bible..

Down

1. Another name for the Bible.
3. What Jack and Melody do about the Bible.
4. Melody's brother who learns with her.
5. All of this is God-breathed (2 Timothy 3:16).
7. God's special book.
10. What the Bible always tells .
12. What John 17:17 says God's word is.



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Colour the picture below.



"The Book"

the
RESCUE

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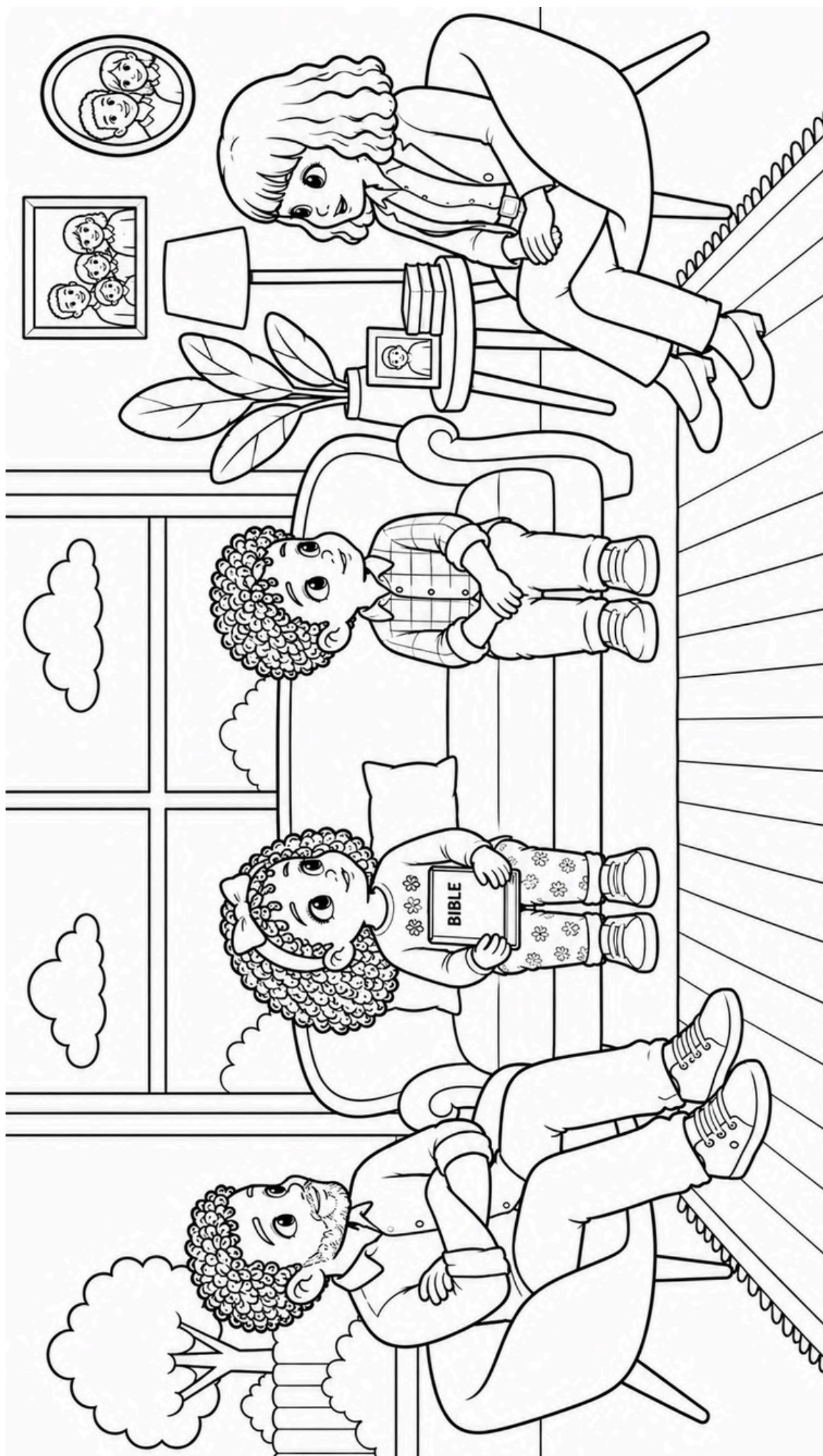
Colour the picture below.



Mum finds "The Book"



Colour the picture below.



King Family Read "The Book"



1. Rescue - Theme song

Lyrics & Music by Kimberly Houliston



I didn't even know that I was needing rescue
 The threats and danger I couldn't see I was heading right to
 I needed help but I didn't know
 Needed saving from an evil foe
 But I didn't even know that I was needing rescue

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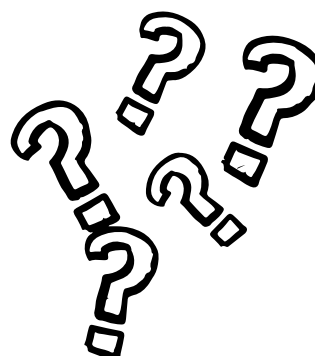
2. Questions

Lyrics & Music by Kimberly Houliston



I have so many questions
 There is so much I don't know
 I really want to understand
 I want to learn and grow
 And make sense of the many things
 I read, I hear, I see
 I want to be the very best person I can be

So I keep asking,
 I keep on listening
 I keep on watching
 Yes I observe
 I'm gonna keep on
 Asking questions
 So I can learn



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- All song CCLI registered
- Music book available containing music score and words
- Songs and Backing tracks available from multiple music platforms
- Songs and Karaoke Video version available on YouTube



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3. The Bible Is The Book You Really Need

Lyrics & Music by Kimberly Houliston



So the Bible (yes the Bible)
 The Bible? (yes the Bible)
 The Bible is the book we really need? (you really need)
 So the Bible? (yes the Bible)
 The Bible? (yes the Bible)
 The Bible is the book we really need?



The Bible is the book
 So pick it up and take a look
 The Bible is the Book we really need (we really need?)

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- All song CCLI registered
- Music book available containing music score and words
- Songs and Backing tracks available from multiple music platforms
- Songs and Karaoke Video version available on YouTube



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4. Exploring The Bible

Lyrics & Music by Kimberly Houlston



Verse 1

I can remember
A time long ago
When I heard stories from the Bible
But now I want to know
More about the things I heard
More about this book
Why it is so special
Gonna have another look

Verse 2

Don't know much about the Bible,
But I want to know more
About what it has to say
So I'm gonna explore
and see if there are things I need to know
And understand
I think we should investigate
And find out what we can

Ending

Yes I do agree that is just what we should do
I'm gonna start exploring the Bible with you



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- All song CCLI registered
- Music book available containing music score and words
- Songs and Backing tracks available from multiple music platforms
- Songs and Karaoke Video version available on YouTube



The Book

CHAPTER 1



LINKS AND CONTACT DETAILS



therescue.au



abide.com.au



including:
Spotify, iTunes,
Amazon Music etc



Arnie's Shack
YouTube



Music Book links -
<https://home.abide.com.au/products>



CONTACT US

Abide Family Ministries
email - info@abide.com.au



The Book

CHAPTER 1



ANSWERS PAGE

Jack - borrowed a book from the Library

Melody - Asked about the Bible

Mrs Jones - Worked at the Library

Mum - Found her Bible in a box

Psalm 119:105 - "Your Word is a lamp for my feet..."

2 Timothy 3:16 - "All Scripture is God-breathed..."

John 17:17 - "Your Word is truth."

Deuteronomy 6:6-7 - "Impress them on your children..."

